

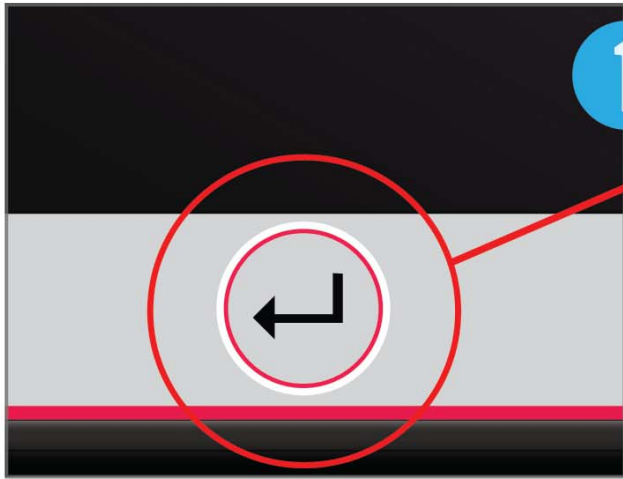
Holter Device

Instructions for patients

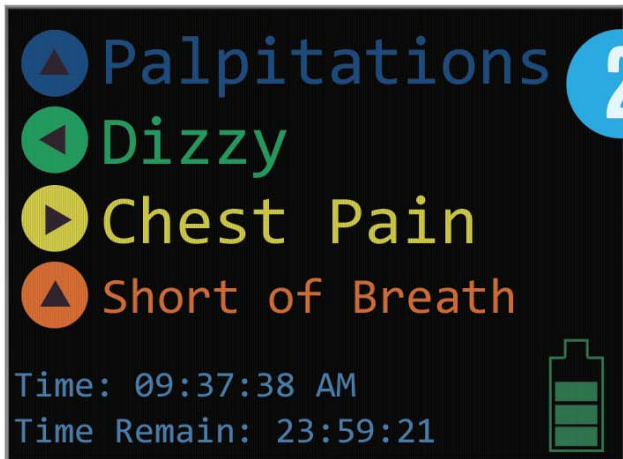


The holter monitor is a device that is used to record the heart's electrical activity for 24 hours via a series of electrodes that are attached to the chest. The recording is used to capture any irregularities in your heart rate or rhythm. Use it as advised by your doctor or nurse.

If you feel symptoms



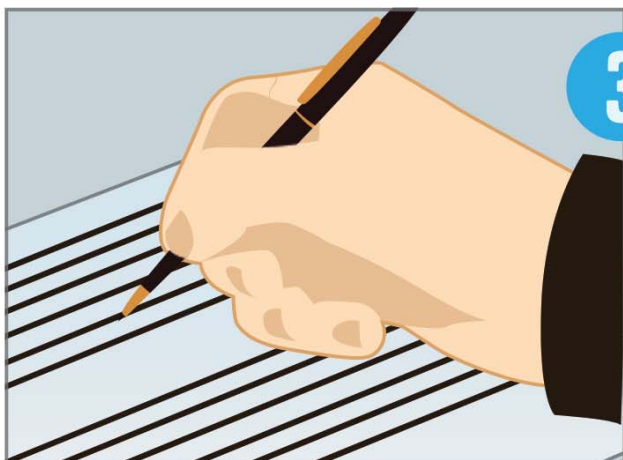
If you feel symptoms it is important that you press the event button straight away.



Pressing the event button turns on the display and brings up a list of four events.

You can select the event type by pressing the corresponding arrow button on the device.

If no event is selected within 10 seconds, the device records a "default event".



Once you marked an event, please complete the event details table on the opposite page.

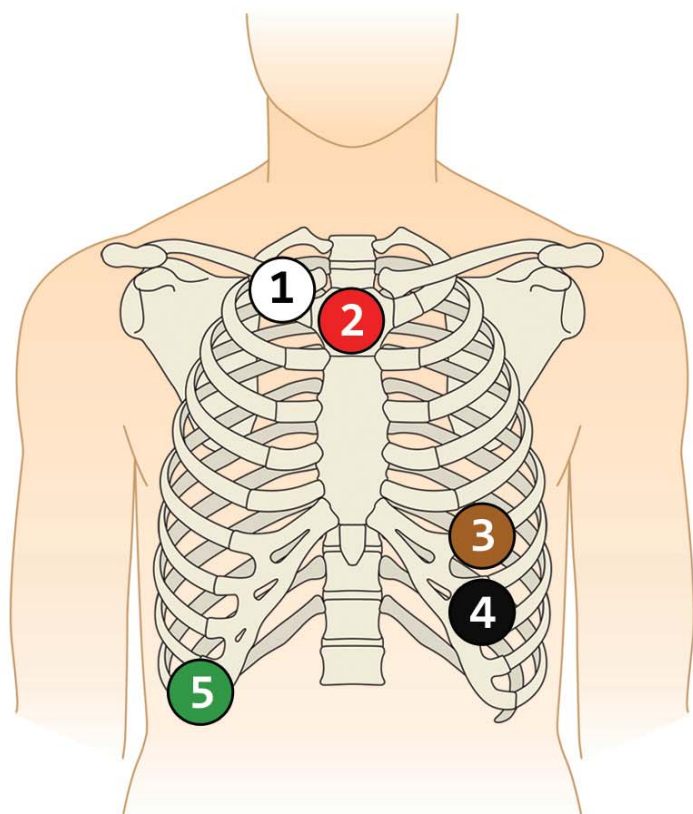
! Make sure to only press the event button if feeling symptoms.

Warnings

- Do not get the device wet.
- Do not take the battery out at any point.
- Do not take device out of the pouch.

Electrode and lead placement

Make sure that all the electrodes have good contact with the skin.



- ① White – Middle of the right collar bone
- ② Red – Centred on the top third of the sternum
- ③ Brown – Left anterior axillary line over 6th rib
- ④ Black – Lower left rib margin over bone (usually a couple of inches below the Brown electrode)
- ⑤ Green – Lower right side of torso

If at any point during the recording an electrode loses contact with the skin, the device will beep once. If this happens, or if you notice at any time that an electrode has come off, you can re-attach it according to the above diagram.

Alternatively, please contact Broomwell Healthwatch on (0161) 236-0141 and ask for technical support or email health@broomwell.com for further advise.